

WHEN IT COMES TO NOT USING MARIJUANA, TEENS ARE UNDER THE INFLUENCE...OF YOU.

Research shows that when parents and other trusted adults are involved in their lives, teens are less likely to use marijuana, alcohol, or other drugs.



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Washington State Department of

HEALTH

Help the teens in your life make healthy and safe choices by showing them that you care.



Find opportunities to talk.

Set clear rules and consequences.



Ask your teens where they're going, who they're spending time with, and what they're doing.

REMEMBER, TEENS ARE UNDER THE INFLUENCE...OF YOU.

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