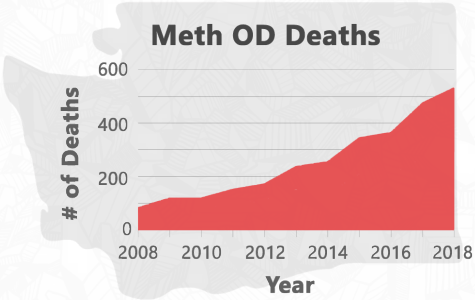
Meth Overdose: Know When to Get Help



Meth deaths have **increased 600%** in the last decade in WA State.

Learn more at ***stopoverdose.org***

Watch for these danger signs:

- Super fast heart rate (2-3x faster than normal)
- High body temperature (sweating or hot, dry skin)
- Really painful headache
- Chest pain or tightness
- Can't walk or move
- Won't wake up
- Can't feel arms or legs
- Seizure or shaking you can't control

Call 911:

If you see these signs, ***call 911*** *or get medical help right away!*

The **Good Samaritan Overdose Law** protects you and the victim from prosecution for drug possession.

Washington Recovery Help Line
24-Hour Help for Substance Abuse, Problem Gambling & Mental Health
1.866.789.1511

Want help to cut down your meth use?
Call the **Washington Recovery Help Line** at 1.866.789.1511

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